

AUDIENCE PARTICIPATION

WHY DO CHILDREN PLAY YOUTH SPORTS?

Including:
Cheerleading/Dance & Football

(Activity) Why Do We Coach: AUDIENCE PARTICIPATION



- Why are you here?
- What do you want to accomplish as a coach?
- Conference Championship
- Super Bowl & Trip to the Nat'l Championship
- Beat "So & So"
- Give back to the community
- Teach specific skills & strategies

2

WHY CHILDREN PLAY SPORTS

SURVEY SAYS...
TOP 5 REASONS WHY YOUTH SAY THAT
THEY PLAY SPORTS



3

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SURVEY SAYS... **TOP 5 REASONS WHY YOUTH SAY THAT** THEY PLAY SPORTS

1. Have FUN!!!

5



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2. Be on Team – Be with Friends 3. Learn New Skills



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4. The Excitement of Competition



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- 1. Have FUN!!!
- 2. Be on Team Be with Friends
 - 3. Learn New Skills
- 4. The Excitement of Competition
 - 5. Get in Shape



WHY KIDS STOP PLAYING SPORTS

<u>Top 5 Reasons</u> <u>Why Youth Drop Out of Sports</u>



- 1. Lost interest (boring.)
- 2. I was not having fun.
- 3. It took too much time.
- 4. Coach was a poor teacher (always hollering.)
- 5. Too much pressure (worrying about the coach getting mad.)

WHY DO WE COACH?

- For the Kids?
- Which Kids?
 - The ones we fathered or mothered?



- The ones on our team?
- The ones in our neighborhood?
- What about the kids on other teams and in other neighborhoods?

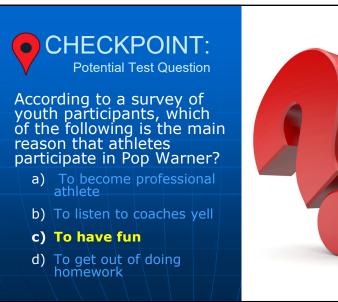
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According to a survey of youth participants, which of the following is the main reason that athletes participate in Pop Warner?

- a) To become professional athlete
- b) To listen to coaches yell
- c) To have fun
- d) To get out of doing homework





13

Benefits of Keeping Youth Involved in Team Sports

- Improves concentration
- Reduces stress & depression
- Boost self-confidence (self-esteem)
- Improves social skills
- Establishes leadership traits
- Encourage academic success
- Reduces risk of drug abuse,

How to Keep Young Athletes Involved in Football & Cheerleading

- Emphasize Learning New Skills and Improving Existing Ones.
- 2. Have Fun.
- 3. Maintain a Safe Environment.
- 4. Challenge Athletes with Physical Exercises in a Creative Way.
- 5. Give participants a Sense of Belonging to a

14

Effective Communication

- Get to know your participants
- Communicate that you care
- Let them know that they matter to you
- 20- 36 752 5t
- Remember, communication includes both the words we use (verbal) and our body language and gestures (non-verbal)

15





