

Pop Warner Tackle Football Weigh In Chart

Division League age	Week 1 Weight				Week 2 Weight		Week 3 Weight		Week 4 Weight		Week 5 Weight		Week 6 Weight		Week 7 Weight		Week 8 Weight	
	Min	Max	Min with uniform no helmet	Max with uniform no helmet	Max	Max with uniform no helmet	Max	Max with uniform no helmet	Max	Max with uniform no helmet	Max	Max with uniform no helmet	Max	Max with uniform no helmet	Max	Max with uniform no helmet	Max	Max with uniform no helmet
Tiny - Mite 5, 6 & 7	35	75	42	82	76	83	77	84	78	85	79	86	80	87	81	88	82	89
Mitey- Mite 7, 8 & 9	45	90	52	97	91	98	92	99	93	100	94	101	95	102	96	103	97	104
Jr. Pee Wee 8, 9 & 10 older/lighter	60	105	68	113	106	114	107	115	108	116	109	117	110	118	111	119	112	120
11	60	85	68	93	86	94	87	95	88	96	89	97	90	98	91	99	92	100
Pee Wee 9, 10 & 11 older/lighter	75	120	83	128	121	129	122	130	123	131	124	132	125	133	126	134	127	135
12	75	100	83	108	101	109	102	110	103	111	104	112	105	113	106	114	107	115
Jr. Midget 10, 11 & 12 older/lighter	85	135	94	144	136	145	137	146	138	147	139	148	140	149	141	150	142	151
13	85	115	94	124	116	125	117	126	118	127	119	128	120	129	121	130	122	131
Midget 11, 12, 13 & 14 older/lighter	105	160	114	169	161	170	162	171	163	172	164	173	165	174	166	175	167	176
15	105	140	114	149	141	150	142	151	143	152	144	153	145	154	146	155	147	156